

WITHOUT LIMITS PRODUCTIONS STAGECOACH GRAVEL TRIATHLON

OPERATIONAL PLAN

PARKING PLAN

SANITARY PLAN

MEDICAL PLAN

COMMUNICATIONS PLAN

RESIDENT NOTIFICATION FLYER

Contacts:

Lance Panigutti

2560 Canfield Lane.

Lafayette, CO 80026

Cell (303) 408-1195

Email: Lance@withoutlimits.com

Website: Withoutlimits.co

Copy number _____

This triathlon race plan is intended for informational purposes for concerned parties wishing to proceed with a due diligence investigation of this event. The information contained herein is believed reliable. The contents of this plan are confidential and are not to be reproduced without written consent.

1/11/2024

Dear Representative,

Enclosed is a proposed operations plan for the Stagecoach Gravel Triathlon. The event is slated to be held at Stagecoach Reservoir, with the swim and run portion of the event contained at Stagecoach Reservoir State Park, and the bike course utilizing Routt County roads. We will be coordinating with the Stagecoach Reservoir, Colorado State Patrol, and Routt County Road & Bridge to comply with their requirements.

We believe this is a very complete plan, but we also feel it may require some input to satisfy your concerns. Please feel free to contact me regarding other measures you see fit to put in place.

Please forward your comments so we may be fully prepared and have a safe event.

Thank you for all your help and cooperation,

Sincerely,

Lance Panigutti

Bio – Lance Panigutti

President and Race Director Without Limits Productions LLC

USAT Certified Race Director: Lance is a certified USA Triathlon Certified Race Directors. USA Triathlon Certified RD Program completed January 2008. Lance (Level II Certified)

Lance Panigutti Certifications: American Red Cross Instructor basic first aid, CPR/AED, lifeguard, open water rescue, O2 administration. USAT Race Director.

Without Limits Events Produced:

2008- Summer Open Sprint Tri (165 part), Oktoberfest Sprint Tri (265 part), Tri Babes Sprint Tri (285 part), Aquaman Swim Series (6 races in the series 350+ part).

2009- Summer Open Sprint Tri (300 part), Tri Babes Sprint Tri (300 part), Oktoberfest Sprint Tri (300 part), Fat Tire Off Road Tri (300 part), Aquaman Swim/Run Series (6 races in series, 600+ part), Harvest Moon Half Iron Distance Tri, Harvest Moon Aquabike, Harvest Moon Duathlon (600+ part. in the HM group), Cyclo X (cyclocross bike race 100 part)

2010- Summer Open Tri (400 part.), Outdoor Divas Tri (550 part.(formerly Tri Babes Tri)), Oktoberfest Tri (525 part.), XTERRA Lory (330 part.(off road tri formerly Fat Tire Tri)), Dash-n-Dine 5K series (6 races 550+ part.), Harvest Moon Tri, DU, Aquabike (650+ part.), Freeman Myre Corporate Challenge 5K and Pro Race, SheRox Women's Tri, Eldorado Springs Cure 4 mile run for charity, Aquaman Swim/Run series, Cyclo X 1 & 2 named as 2 of 13 of the Colorado Cross Cup races in 2010.

-Awarded Aquathlon National Championship for 2011 by USA Triathlon.

2011- to Current, Please see the website www.withoutlimits.co for a complete list of triathlons produced nationwide..

Contact List & Day of Race Contact

Lance Panigutti	Race Director	(303) 408-1195	Lance@withoutlimits.com
Gaby McCash	Registration Director	(720) 205-1817	Gaby@withoutlimits.com
Lindsey McGee	Run Course Director	(303) 946-2603	Lindsey@withoutlimits.com
Tricia Dixon	Bike Course Director	(303) 775-4486	Tricia@withoutlimits.com
Olympia VonBerg	Transition Director	(720) 416-4406	Olympia@withoutlimits.com
Robert Montoya	Medical/Communications Director	(303) 917-5465	Robert@rapidresponsebikemedic.com

Operations Plan

Event Type: Sprint Triathlon – 750 meter swim ,16 mile bike (gravel roads), and 4 mile run (all 4 miles on the Elk Run Trail system of Stagecoach Reservoir)

Event Location: The race will begin and end at Stagecoach Reservoir. The main transition area, swim start/finish, athlete parking, and finish line will utilize the *Morrison Cove trailhead/parking lot* off CR16.

Event Date: The event date is scheduled for Sunday August 4th, 2024

Times: The event will be held from 8:00am – 11:30am. The event will be setup in wave starts based on age group with the first wave starting at 8am and subsequent waves starting every 3 minutes thereafter. All athletes should be off the course by 11:30am.

Setup/Cleanup Timeline: Setup for the event will occur Saturday between 9am and 1pm. Cleanup will commence promptly after the last athlete has crossed the finish line and will conclude by 2pm at the latest.

Road Conditions: All roads will be open to traffic with the intersections being manned by certified flaggers and course marshals. **This will be coordinated with the Colorado State Patrol and Routt County Sheriff's Dept.**

Resident Notification: Distribution of the attached Resident Notification flyer will be done 30 days prior to the event and will be distributed to residents living on the course. Large orange 4'x4' Advance Signage will be placed throughout the affected areas 7 days prior to the event and will name the type of event, date, timeframe, contact info w/phone number and website.

Participants: The event will be capped at 250 athletes.

Volunteers: Volunteer organizations as well as athletes (not participating) will make up the majority of the volunteer positions, with WLP staff handling key roles.

Insurance: The triathlon will be sanctioned through the USA Triathlon Association, the National governing body for organized triathlon competitions. The insurance coverage provides comprehensive liability for landowners, participants, and named insured.

Evacuation Plan: Athletes/Spectators and race staff will be notified immediately if evacuation needs to occur. Announcements will be made by the P/A system and will direct everyone to the appropriate place.

Parking Plan

Parking: Parking for the event is planned to take place in the Morrison Cove parking lot off CR 16 with overflow parking on one side of the shoulder on CR16, avoiding any bends in the road, and also maintaining two-way vehicle traffic access.

Sanitary Plan

Lavatory Facilities: One portable toilet per 50 athletes will be delivered to the reservoir on the Friday prior to the event. The portable toilets will be removed the next business day after the event. Local provider Aces High Services will be providing the units.

Venue Cleanup: Our staff is experienced enough to know the importance of leaving "no trace" once the event is over. Volunteers will be utilized immediately after the event to police the start and finish area, transition area, as well as along the course route to clean up any litter.

Recycling: There are no feed zones or bottle discard zones along the bike course. There will be one (1) run aid station along the run course which will also have recycling containers onsite. All aid station materials will be recyclable.

Water: Bottled Water in 12 ounce plastic bottles will be located at the finish line for the athletes as they cross the line. 7 gallon Gatorade containers with water and Gatorade will be available for drinking to the athletes/spectators, as well as used for the aid stations on the run course.

Course Marshalls: Volunteers above the age of 18 will be placed throughout the course to guide the cyclists and assist police units as needed with pedestrian and traffic control. There will be a minimum of 5 marshalls on course at all times. Volunteer coordinator will be onsite at the registration area and making course patrols throughout the day providing relief when needed. Volunteer contact cards will be distributed upon checkin. Location map attached.

Infrastructure: We will use an aluminum truss system for the start/finish line. The height of this truss does accommodate any emergency vehicles for passage underneath if needed. There will be a 10x10 pop-up tent located next to the truss for the timing/officials to score the race and located on the road.

10x10 pop up tents will be used for registration and secured to the ground.

Signage Plan: Transition Area will be delineated by metal fencing panels wrapped in printed snow fencing. The finish line will have a finish banner and there will be metal fencing w/snow fencing along the finish line chute. "Race directional signage made of coroplast and affixed to a-frames will be put out to direct people along the course. Other traffic control signs/cones will be placed throughout the course in accordance with the Traffic Control Plan. Tear drop flags will be placed throughout the area.

Swim Course Safety Contingency Plan

The Swim Course safety contingency plan specifically for the triathlon events held at Boulder reservoir and will include the following:

Course Markings will include both Large and Small Orange Swim buoys clearly marking the course.

There will be a Lead Rescue Board or Kayak at the start of the 1st wave to help the swimmers navigate the course and get the proper directional flow going. Once the lead Board/Kayak has completed its first lap it will head back out to take up a station on one leg of the swim course.

We will have 1 certified lifeguard with appropriate lifeguard safety equipment (rescue tubes, medical kits, whistles, etc...) for every 50 athletes in the water to optimize visibility and safety.

In addition, that lifeguard count will include additional boats/kayaks patrolling the water at all times, with instructions to closely monitor weaker swimmers, and assist when necessary. Water Safety will be conducted by the Rapid Response Lifeguard staff, with 1-supporting boat from the Stagecoach Ranger Staff.

EMT's will be stationed on the water patrolling the course with designated paramedic jet ski's equipped with rescue sleds for quick exfiltration.

Due to the high probability of a wetsuit swim, all swimmers will be visibly body marked on the right hand for uniformity, with a brightly colored swim cap. Athletes in need of assistance will be instructed to remove their swim cap and wave it for a lifeguard to see.

To safely track the swimmers using best practices we will be counting bikes at the transition area to confirm all swimmers have safely exited the swim course. We will also be monitoring and confirming this information with the timing chip system being used. In the event of a missing swimmer a search will be conducted according to standard lifeguard search and rescue procedures.

The weather will be closely monitored, along with water temperature to ensure a safe swim course, prior to and during the swim portion of the event. In addition, the course will be checked for any obstructions that may be unsafe for the swimmers during the swim course setup.

Wave starts will be used with a minimum of a three (3) minute separation between wave starts.

Bike Course Safety Contingency Plan

The Bike Course safety contingency plan specifically for Without Limits Productions triathlons held on open roads, which will include the following:

Course Markings will be provided by directional signs and a temporary mount dismount line beginning and ending the bike course.

There will be a Lead bike/vehicle going out on the course with the first biker.

In addition to the Lead bike/vehicle there will be a SAG wagon/bike following the last biker through the course, with an additional draft marshal out on the course. The last vehicle on the course will be the repair wagon for cyclists having mechanical difficulties out on the course.

There are no Bike/Bike crossover sections, and no Bike/Run crossover sections as the bike and run courses are completely separate.

Bikes will be numbered with the athlete's corresponding race #.

There will be police officers at the high traffic intersections for the direction/control of traffic and athlete safety.

There will also be 2 EMT's on motorcycles patrolling the course provided by Rapid Response Paramedics at specific points for medical emergencies, and a minimum of 9 bike course volunteers provided by Without Limits Productions.

This bike course traffic control plan will be mutually agreed upon by the Routt County Sheriff's Department, Colorado State Patrol, and Without Limits Productions.

Throughout the bike course cyclists will be separated from traffic on either sectioned off roads, bike lanes, riding on open roads, and will always be going with the flow of traffic.

Run Course Safety Contingency Plan

The 4-mile Run Course safety contingency plan specifically for the triathlon held at Stagecoach Reservoir, and will include the following:

This first 1/2 mile of the run course will direct runners to the gravel path on the side of CR14 and CR16, before runners are directed to the Elk Run Trail that hugs the water-line around Stagecoach Reservoir. We will have 1 volunteer at all points that athlete directional marshaling is needed as well as at the run course turn around. There will be at a minimum 1 EMT patrolling the 4-mile run course on a paramedic equipped mountain bike.

There will be one aid station located at mile marker 1, and will contain water, sports drinks, and gels for the athletes. This will be a double-sided aid station providing athletes supplementation at mile 1 and again on their way back so that water will be provided approximately every mile.

Medical/Communications Plan

Medical Plan

Medical: Without Limits is contracting services with Rapid Response Paramedics, and will use their services for this event. The services include one designated medical area at the finish line with an ALS-Paramedic (w/ALS equipment) trained personnel on site for the duration of the races. Additionally we will have two Paramedics on jet ski's with surf rescue boards for quick exfil from the swim course. There will be a minimum of 2-3 ALS paramedics equipped with ALS gear patrolling the bike course on marked motorcycles. The run course will have two ALS paramedics patrolling the run course on mountain bikes. All EMS on course will be marked with Rapid Response Uniforms and Equipment. These motorcycles and mountain bikes on course are equipped with

AED's, oxygen and medical kits. The local hospital emergency department charge nurse, will be notified prior to the event that the race is occurring. Additionally the local fire department will be notified of the event and communications are in place with them in case access is needed. The unit will have radios &/or cell phones for dispatching &/or general updates.

Rapid Response Paramedics will be responsible for determining if its event coverage capabilities are being exceeded, initiating patient care, determining the severity of injuries or illness and allowing the competitor to return to competition, and treating, setting up transport if necessary, or releasing non-life threatening medical problems. If the onsite medical staff determines the number of active cases are beyond their coverage capabilities, the severity of illness or injuries are beyond the Basic Life Support level of care or that ambulance transportation will be needed from the event to a hospital they will call 911 or have a Sheriff radio a report to local dispatch for fire department response and backup.

Accident report forms will be completed by the medical personnel & chief referee. Additionally there will be 1 certified 1st Responder/Basic First Aid/CPR personnel onsite at the start & finish lines with basic first aid/wound care/musculoskeletal supplies and shaded exam table suitable for treating moderate cases of road rash etc. These 1st Responders will be onsite at the start and finish line area to handle any immediate medical situations and will be clearly identifiable with red medical shirts or signage visible within a reasonable radius of the spectatorship. They will notify the onsite ambulance crew by event radio &/or cell phone. Once the Ambulance Crew is onsite they will take over patient care, and arrange transport and if needed using the county EMS radio frequencies/dispatch system and/or cell phone.

In the case of a transport the following steps will be taken:

- Contact Oak Creek Fire Protection District via 911 for transport
- Identify racer name & race number
- Identify what hospital the patient is to be transported to
- Complete incident occurrence report
- Medical Director to complete the incident report and file with RD for insurance purposes
- Race staff will contact athletes' listed emergency contact as soon as possible and those records will be available onsite to event medical staff by either hard copy or electronic database. Consideration to obtaining athletes known medical history, allergies, and current medications and emergency contact name/cell phone during registration process is strongly considered.

Communications Plan

Communications: Without Limits will provide two-way event radios for the following personal –

- Police representatives on site
- Medical representatives on site
- Race promoter (contact person)
- Volunteer Coordinator
- Start / Finish Area coordinator
- Registration director
- On course staff/course marshals who will be placed in high crash risk areas.
- Stagecoach Reservoir Staff

-Additionally Cell phone #'s with backup #'s will be exchanged by all personnell, to be used in case radio communication is not working, or respresentatives (i.e. police, ambulance, Race Director etc...) determine that this will be the best method of contact throughout the race. (See Medical Communications Plan attached for list of cell phone numbers and method to identify the location on course of an incident. This Plan will be provided to all race staff and officials to efficiently localize all incidents using the same grid overlay map in real time.

An initial safety meeting between the police, medical, and race director will occur prior to the start of the event on race morning to go over any last minute logistics, discuss officials responsibility to make fitness to continue participation decisions, exchange cell phone #'s, radios, perform radio checks once in positon to ensure intact communication system, and confirm that everything is in place prior to start.

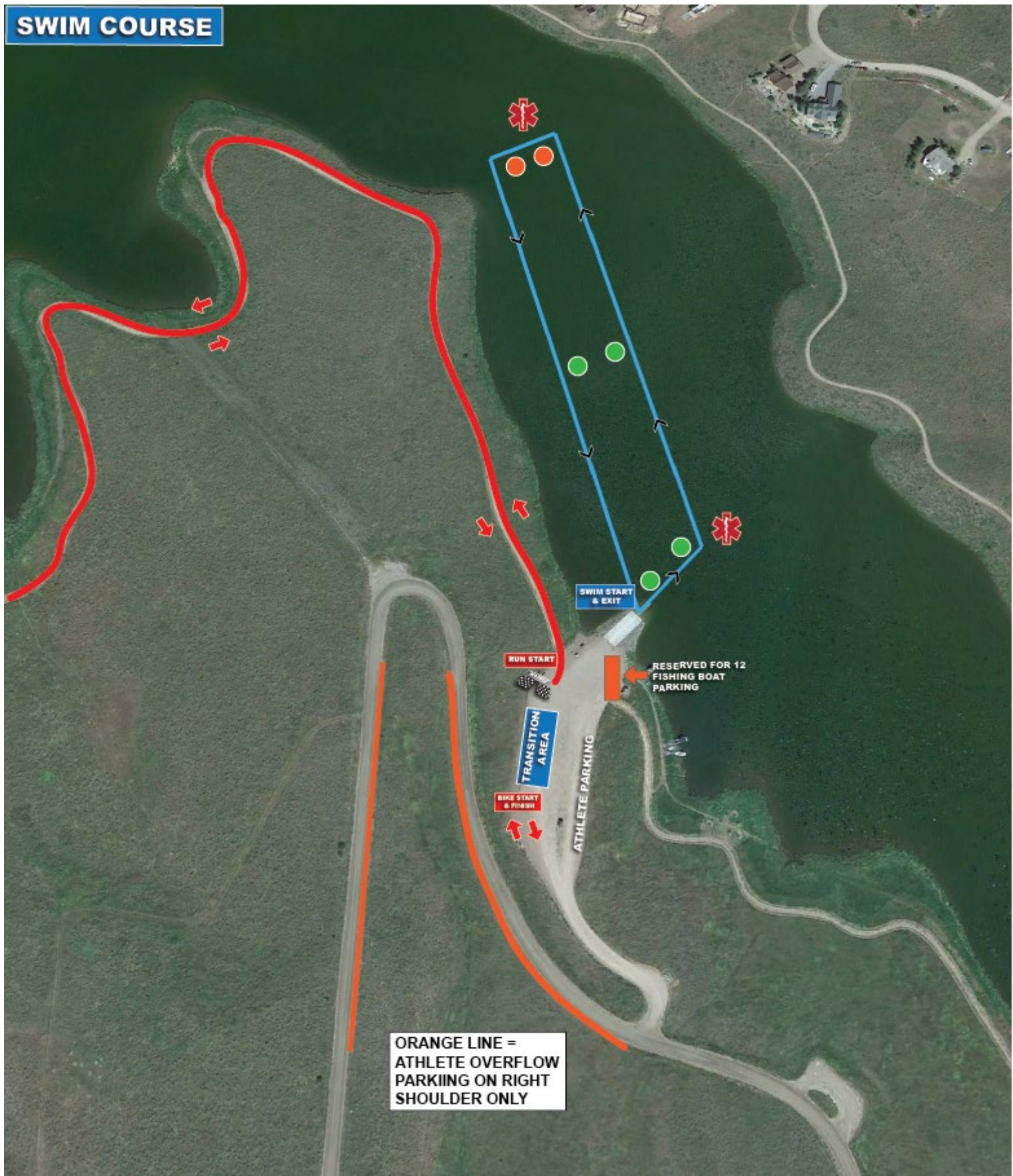
Communications with local ambulance crew:

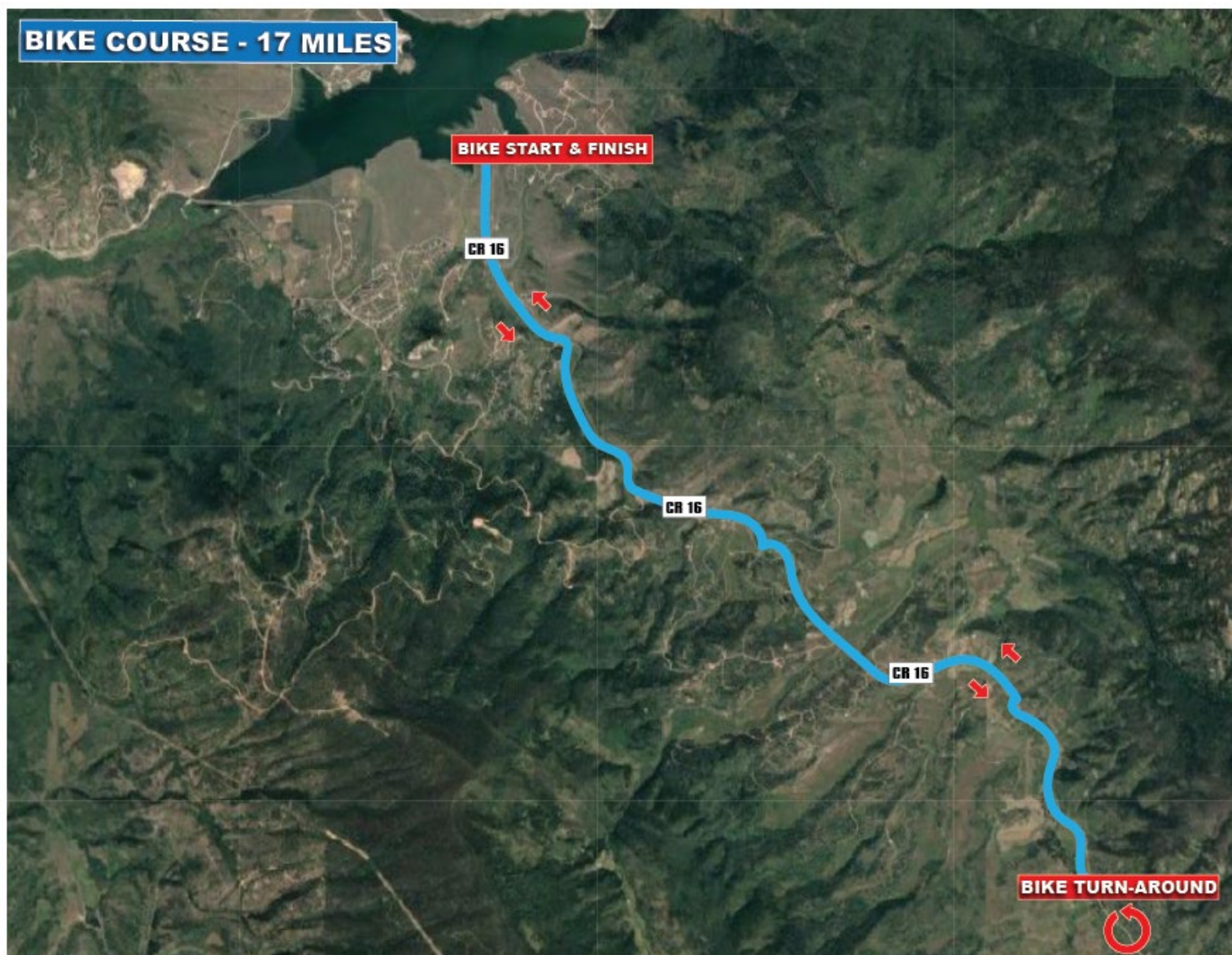
- Onsite Race Director will provide cell phone number for himself and 1 additional onsite personnel (Rapid Response Medical Team) to the local fire dispatch unit in advance of the event
 - We will stop the race as needed to allow local medical units to access/exit to the area.
 - Rapid Response dispatch will contact onsite race personnel in the event of any incident in the area so we may appropriately respond.
 - All transports from the race will be handled by local units so that the event is never without dedicated EMS personnel.
- I Robert Montoya (National Register Emergency Medical Technician/Paramedic) Owner/Paramedic of Rapid Response Paramedic Services approve the medical plan that Lance from Without Limits has put together. If you have further questions, please give me a call 303-917-5465.

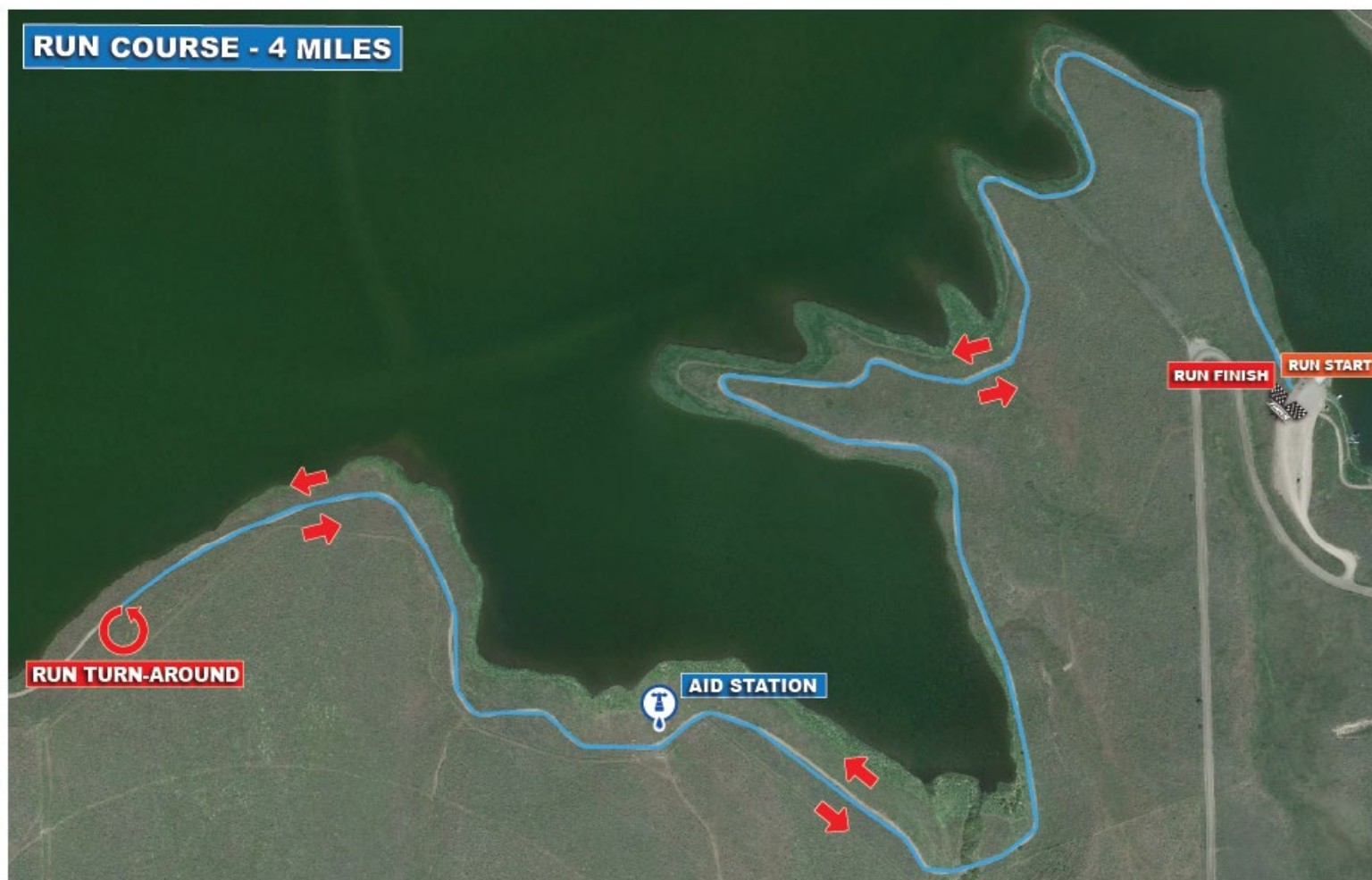
<http://rapidresponsebikemedic.com>

Rapid Response Paramedics are overseen (Physician Advisor) by Dr. Gene Ebebbby at Littleton Hospital Trauma Center.

SWIM COURSE









STAFF/VENDOR PASS

August 4th, 2024

STAGECOACH GRAVEL TRIATHLON

Stagecoach Gravel Triathlon Sunday, August 4th, 2024

NOTICE TO RESIDENTS

TO: Area Residents
FROM: Without Limits
RE: Bicycle race to affect traffic in your area.

Without Limits Productions is working to conduct a bicycle race in your area on **Sunday, August 4th, 2024** (Refer to map displaying the roads to be used for the course). The roads will remain open during the event, although you will need to pay close attention to the certified flaggers, Routt County Sheriffs, Colorado State Patrol and the volunteer traffic marshals, who will be helping to make this a safe situation for everyone involved.

Cyclists from throughout Colorado and the Western U.S. will be competing in the race. The first race will start promptly at **8:00 am** with the cyclists hitting the road at approximately 8:10am. Riders will be single file and spread out, with the last cyclists leaving the reservoir at approximately 8:50am. All cyclists will be off the road by 11am. We will have a sweep vehicle following the last cyclists and alerting the police and course marshals along the way so that traffic can return to normal as soon as possible.

We want to make this a positive event for everyone involved and hope that this race will not be too much of an inconvenience to you.

Please mark your calendar now. Any questions or concerns may be resolved by either calling the **Race Director at 303 408-1195**, Thank you in advance for your cooperation,

Lance Panigutti Race Director - Without Limits Productions

