

FITNESS STATIONS

Tailwaters would install 3-4 fitness stations throughout the planned park areas. The fitness stations provide weatherized equipment and features to improve mobility and perform target strength training exercises (e.g. upper, lower or full body). The stations would be located immediately adjacent to the asphalt multiuse path for accessibility, as well as integrating cardio into a workout program. The fitness stations are small-footprint features with specific sizes dictated by the selected equipment and arrangement of features.

The concept displayed here includes 3 stations placed along the multiuse path in the linear park (P2 - P5) with an optional station shown in park P1.

- 1 Lower Body
- 2 Full Body
- 3 Upper Body
- 4 Full Body (Optional)

PLAY & RECREATION

Tailwaters would activate the multiuse path and associated natural surface trails with a variety of small-scale play features and elements to engage users of all ages. The elements would comprise weatherized natural play features that harmonize with the surrounding landscape and minimize visual contrast. Play features and elements would generally be located along the path and trail routes.

- A Install small-scale, naturalized play features along the natural surface trail alignments that are both playful and engaging and also offer seating opportunities.
- B Integrate medium-size play feature into hillside
- C Install naturalized play elements within, and around, the detention basin.
- D Linear pump track installed immediately adjacent to the multiuse path accomodates riders of all types and ages.

The Applicant is proposing to install a minimum of the following based on the examples shown on this plan:

- P1 – Green space, picnic area, activity lawn
- P2 – Pump track bike lane
- P3 – Paved Multi-use trail, Pump track bike lane, lower body fitness area (2 stations)
- P4 – Paved Multi-use trail, Pump track bike lane
- P5 (north area) – Paved mulit-use trail, natural play area (2 features), trail side elements (2 features), upper body fitness area (2 stations)
- P5 (south area) – Paved mulit-use trail, natural surface bike/hike trail, 2 two natural play areas (1 feature each), full body fitness area (2 stations)

Examples of
NATURE PLAY AREA



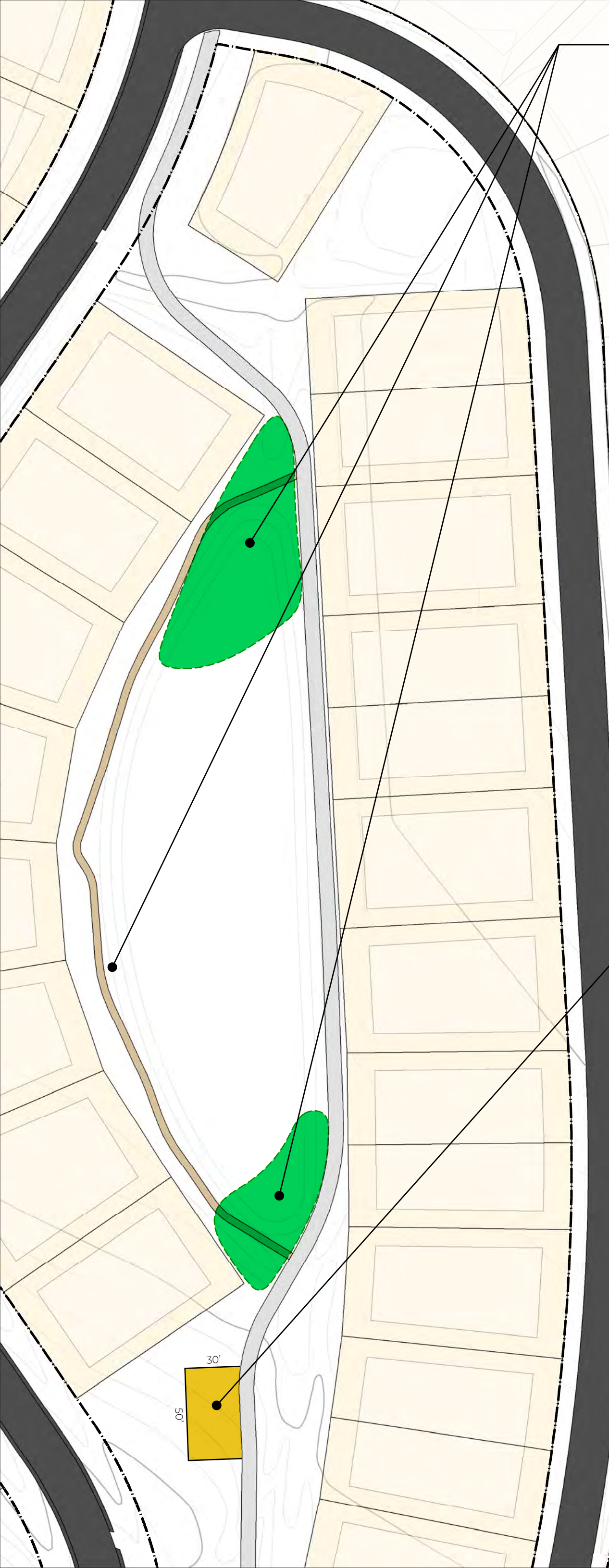
Potential locations and examples of
TRAIL-SIDE FEATURES & ELEMENTS



FITNESS STATION: UPPER BODY



Potential location and examples of
NATURE PLAY ELEMENTS



FITNESS STATION: FULL BODY

